**NATIONAL BANK OF CANADA** FINANCIAL MARKETS

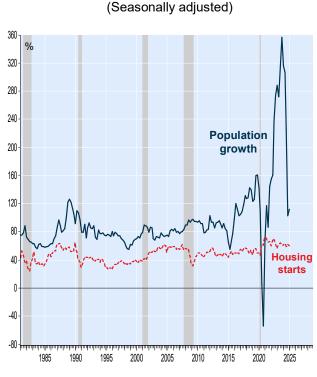
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# Canada Watch

### By Matthieu Arseneau and Daren King

This morning, Statistics Canada released its demographic data for Q1 2025, showing that the federal government's measures to curb population growth, which has outstripped the country's welcoming capacity since 2022, are beginning to bear fruit. Population growth in the first quarter was only 63,000, the lowest since 2021Q1, when immigration was on hold due to the pandemic. However, on a seasonally adjusted basis, the population increase in the quarter is comparable to the previous quarter, with an increase of 112K (around 450K annualised). As today's *Hot chart* shows, for the second quarter in a row, population increase per construction unit has returned to its 1981-2019 historical average of 2. This is a step in the right direction, but it is not enough to correct the imbalance caused by the slippage of the past three years. In order to reduce the housing shortage and significantly improve housing affordability, population growth will have to be below the usual ratio for some time. Ideally, this would involve a significant increase in homebuilding. However, the current economic uncertainty poses a significant challenge to this effort. Given these conditions, further slowing population growth will be necessary to help mitigate the housing shortage. It will be interesting to hear what the various parties have to say on this issue in the upcoming election campaign. This has significant implications for inflation pressures in housing and the potential GDP of the Canadian economy.

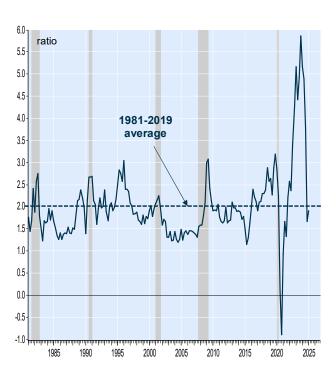
## Canada: Population growth back in line with construction capacity



Quarterly population growth and housing starts

NBC Economics and Strategy (data via Statistics Canada)

Change in population per construction unit





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